

Family Conference 2026

“Growing Together in Christ at Every Stage of Life”

Bible Verse: “until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.” (Ephesians 4:13)

“Growing Together” — Labels & Colors

Group	Symbol	Label	Symbol Color	Deeper Connection
Elementary School	 Seed / Seedling	Planted	Soft Yellow Green	Planted in God’s love, growing joyfully with Jesus. beginning His work
Middle School	 Roots	Rooted	Warm Earth Brown	Rooted in Christ, discovering my value and where I belong.
High School	 Branch / Stem	Strengthening	Deep Green	Strengthening my faith to stand firm in a confusing world.
Colleges & Graduates	Bloom	Discerning	Teal or Soft Blue	Becoming who God created me to be, with purpose and conviction.
Parents	 Fruit-Bearing Tree / Vine	Life-Giving	Rich Purple	Fruitful in love, modeling Christ and nurturing faith at home.

Keep this color scheme consistent in both days for organization.

Conference Locations

- Parents: St. Mary Church
- Colleges & Graduates: Archangel Michael Church
- High School: Gym
- Middle School: Cafeteria
- Elementary School: St. Mary Basement

Friday Evening Schedule Time: 6:30 – 9:00 PM

Time	Parents	Colleges & Graduates	High School	Middle School	Elementary School (Prep for a Q&A and a Filler)
6:30 – 7:00 PM	Welcoming & Registration	Welcoming & Registration	Welcoming & Registration	Welcoming & Registration	Welcoming & Registration
7:00 – 7:15 PM	Opening Prayer	Opening Prayer	Opening Prayer	Opening Prayer	Opening Prayer
7:15 – 8:15 PM	Respect & Appreciation: The Hidden Needs of Husband and Wife	Who Am I When No One Is Watching? – Identity & Self-Worth	Who Am I Really? Finding My Value Beyond Social Media	Friendship Choices Peer Pressure and Bullying – Choosing Friends Who Help Me Grow	With Jesus I am Never Alone: Jesus, My Friend—Talking with Him Every Day
8:15 – 8:45 PM	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion
8:45 – 9:00 PM	Conclusion & Prayer	Conclusion & Prayer	Conclusion & Prayer	Conclusion & Prayer	Conclusion & Prayer

Note: Snack and drinks will be provided at the end.

Saturday Morning Schedule (7:30 – 11:15 AM)

Time	Activity
7:30 – 10:30 AM	Liturgy (All Together)
10:30 – 11:15 AM	Aghabi & Fellowship (All Together) and Getting back in Groups

Saturday Mid-Morning Schedule (11:15 – 12:45 PM)

Time	Parents	Colleges & Graduates	High School	Middle School	Elementary School (Prep for a Q&A and a Filler)
11:15 – 12:15 PM	The Marriage You Model Is the Marriage Your Children Will Live	Relationships, Dating & Choosing a Life Partner	Peer Pressure & Smart Decisions – Choosing Friends Without Losing Yourself	Knowing My Value – “God Loves Me — Even When I Don’t Feel Good About Myself”	Jesus Sees My Choices – “Honesty, Behavior, and Making Good Decisions
12:15 – 12:45 PM	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion	Q&A / Discussion

Saturday Late Morning / Noon Schedule (12:45 – 2:00 PM)

Time	Parents	Colleges & Graduates	High School	Middle School	Elementary School (Prep for a Q&A and a Filler)
12:45 – 1:00 PM	Coffee Break St. Mary Lobby	Coffee Break AMSM Cafeteria	Coffee Break AMSM Cafeteria	Snack Break AMSM Cafeteria	Snack Break AMSM Cafeteria
1:00 – 2:00 PM	Marriage Under Pressure: Stress, Work, and Parenting Without Losing Each Other	How to Stay Orthodox in a Culture That Disagrees with You	How to Believe in God When Life Feels Confusing	Talking to God in Real Life – “How to Pray When I Don’t Tadrus What to Say”.	Loving Others Like Jesus – “Bullying, Kindness, and How We Treat Others”

Saturday Early Afternoon Schedule (2:00 – 3:15 PM)

Time	Activity
2:00 – 2:30 PM	Q&A / Family Advice Circle (All Groups)
2:30 – 3:15 PM	Lunch (All Together)

Saturday Afternoon Schedule (3:15 – 5:00 PM)

Time	Activity
3:15 – 4:30 PM	Fun Session: Music, Skit (All Together)
4:30 – 5:00 PM	Conclusions & Closing Prayer (All Together)